

Friday 16th October 2026

Right of the Month: 31 – the right to
leisure, play and culture
School Value: Trust

Dear Parents and Carers,

Year 5 and 6 children were welcomed back safe and sound on Friday from their residential to **Red Ridge**. We hope the children and staff had a wonderful time. The Year 5 and 6 children in school this week really enjoyed their Premier Sport Glow in the Dark Dodgeball on Wednesday. Thank you to Premier for delivering an assembly as well.

Our **Black History Month** Relic Traveller art projects have been amazing this week. The exhibition will be after school on Tuesday 20th October.

The **school's intercom system** has changed. For visitors/parents to access the school office and Dainty Little Hands in the morning and at the end of the school day there will be 2 options:

1. School Office
2. Dainty Little Hands

Parents/visitor will need to press the down arrows and then once option 1 or 2 is selected, please press the bell button.

After school clubs have been very well attended this half term. Thank you for signing up. These will continue to run after half term so do remember to sign up as places may be limited.

Have a great weekend.
Ms McGrath

Pupils of the Week

Rec: Oscar – Settling well into school life and being respectful to others.

Y1: Henry – For trying his best in all areas of the curriculum.

Y2: Lylah – For working hard in English, producing beautiful handwriting and great sentences.

Y3: Callie – For always demonstrating positive attitudes to learning and following school values.

Y4: Noah – Great engagement at Bewdley Museum and across afternoon learning.

Y5: Amelle – For a positive learning attitude and ensuring all children were included during the English Carousel activity.

Qayim - For showcasing great sportsmanship in PE, working hard at his skill development (PE) and exemplary maths work.

Y6: Ammar – Consistently being the ultimate role model and always helping those in need with kindness and patience.

House Points Weekly Leaderboard

Dawberry – 683

Brandwood – 655

Highbury – 645

Jasmin – 601

Congratulations **Dawberry** House!

Attendance & Punctuality

05.10.26 – 09.10.26.10.26

Year Group	Present marks (%)	No of Lates
Reception	95.0	4
Year 1	98.4	5
Year 2	97.9	1
Year 3	98.1	7
Year 4	98.1	2
Year 5	98.7	1
Year 6	90.7	4
Average % / Total Lates	96.7	24

Notices & Updates

Poppy Appeal

After half term, we will be selling Poppies at breaktime for a donation of 20p or above & other merchandise will be for sale for £1. These items will be on sale until Wednesday 11th November.

Free creative Saturday programme for children aged 5–13

Registration is now open for BOA Super Saturday School 2027, a free eight-week creative programme for children aged 5–13, run by Birmingham Ormiston Academy. Sessions will take place on Saturdays from 23 January to 13 March 2027, from 10am to 1pm, with workshops including dance, drama, art, singing and DJ skills. Free places with priority registration are available for children eligible for Free School Meals, Pupil Premium or Universal Credit. [Register for BOA Super Saturday School 2027](#)

Secondary School Applications

The application portal for Secondary Schools is open, and you are urged to apply as soon as you can but before 11.59pm on 31st October 2026. If you are late in applying your application will not be considered until after the places have been offered out on 1st March 2027 when there is no guarantee you will be given the school of your choice.

All the information on the application process for Secondary Transfer is available on the Council's website www.birmingham.gov.uk/schooladmissions

Parents can also call 0121 303 1888 if they wish to speak to a member of the team or alternatively email admissions@birmingham.gov.uk

It is important applications are submitted on time and no later than 11.59 pm on 31 October 2026

Families will be notified of the school place offered to their child on 1 March 2027.

School Fund Contributions

School fund contributions would be most welcome, via Arbor £10 per term.

All donations go towards enhancing our pupils' learning environment, e.g. books for library, costumes for productions etc. Thank you in advance.

Outdoor Play and Learning

We would gratefully receive any of the following donations:

- Small cars track & road mat
- Duplo/large Lego
- Dinosaurs
- Dolls
- Soft toys
- Large pieces of material
- Picnic blankets/large mats
- Artificial lawn pieces (large preferably)

Pupil Places

Woodthorpe currently has pupil places available in most year groups (except in Years 5 and 6). If you know anyone who has recently moved into the area and/or looking for a school place, please do let them know.

School Meals

Please see Summer Menu 3 – attached (Menu 1 & 2 also attached).

Half Term Safety Message from Education

In previous years, we have seen more young people travelling into Birmingham city centre on the last day before the half term break. Most enjoy themselves without any problems, but large groups can sometimes lead to anti-social behaviour and safeguarding concerns, as well as putting extra pressure on public spaces and transport.

West Midlands Police, British Transport Police, Birmingham City Council and other partners will be working together to help

keep young people and others safe. As a precaution, there will be an increased and visible police presence in the city centre, including neighbourhood officers and specialist resources.

Please remind young people to:

- make safe and sensible plans for the start of half term
- consider meeting friends closer to home rather than travelling into the city centre
- avoid travelling in large groups
- look after themselves and their friends
- make sure a parent or carer knows where they are, who they are with and how they are getting home
- be respectful of other people, businesses, transport staff and public spaces
- follow advice from police, transport staff and other officials.

Talk to your children about their plans, including where they are going, who they will be with and how they will get home safely.



Diary for the Week

Monday 19th – 8.30 – 8.45 am The Daily Mile – all welcome

3.15 - 4.15 pm KS2 Handball/Dodgeball
(Inspired Sports – Richard Steadman)

Tuesday 20th –

3.15 - 4.15 pm KS2 Football (Premier Education)

Wednesday 21st – Photo Day – Aperture Portraits (pre-school siblings to have their photos taken from 8.30 am, if required)

(No Wake Up Shake Up Dance)

Guitar lessons

Thursday 22nd – 8.30 – 8.45 am The Daily Mile – all welcome

09.05 Character Assembly

Keyboard lessons

3.15-4.15 Y1 – Y6 Street Dance

Friday 23rd – Fereday's First Response
fund raiser for Bleed Kit – Non -Uniform

Brass lessons

3.15 - 4.15 pm Y1 & Y2 Multi-Sports
(Premier Education)

Woodthorpe Friends **Halloween Discos**
KS1 – 3.30-4.15
KS2 – 4.30-5.15

* Break up for half term (school opens to pupils on Tuesday 3rd November)

Staff Training Days for 2026-27:

- 2nd November
- 4th January
- 12th February
- 6th May

Parent/Teacher meetings:

- 10th and 11th November
- 2nd and 3rd March 2027



Woodthorpe Junior and Infant School

Health and Wellbeing Newsletter



Friday 16th October 2026

Clubs and Activities



The Daily Mile and Wake Up, Shake Up dance will return from next week. We look forward to seeing you there!

Red Ridge Residential – October 2026

The residential to Red Ridge was another huge success this year. The children had a wonderful time throughout the week and completed their activities with confidence and enthusiasm. It was also lovely to see how well they worked as part of a team and supported each other throughout their time in Wales. The weather was relatively kind – with mild and dry weather for the majority of their time away from Birmingham. I would like to thank the members of staff from Woodthorpe who attended the visit and contributed towards its success. We look forward to returning in 2027! Photos from the visit can be accessed via the Year 6 blog site for those who attended.

[Red Ridge 2026 – 6KS – Year 6 Blogging Site](#)



Living Streets' Travel Tracker

We relaunched our Travel Tracker recently. This is where children get to log how they travelled to school each day – active

journeys are then rewarded with badges at the end of each month! Who will earn a badge for the month of October?



Outdoor Play and Learning (OPAL)

Our OPAL play programme continues to go from strength to strength! It has been wonderful seeing the engagement from the children over the last few weeks. Many thanks to those families who have kindly donated resources so far.



Woodthorpe in the Community

A massive WELL DONE to Ernest, Year 6, who recently scaled Snowdon! This peak is the largest mountain in Wales at 1085m. An amazing achievement Ernest – the weather looked fantastic too! Thanks for sharing.



Woodthorpe Junior and Infant School Health and Wellbeing Newsletter



Last weekend, Alfalfa (Y5) took part in his first ever Cross-Country event with his athletics club – 'BRAT'. The race was 2km, with Alfalfa achieving his fastest ever time of 7 minutes and 49 seconds! Amazing stuff, Alfalfa!



Pupil Voice

"I enjoyed the archery/target activities because they were fun and I got a good score!"

Noah, Y5

"My favourite activity was kayaking at Red Ridge because it was calming on the water."

Charlie M (Y6)

"Caving was my biggest challenge because it was very dark and tight!"

Lily H-J (Y6)

"The instructors at Red Ridge push you, but they don't make you do anything you don't want to do."

Violet (Y6)

"Abseiling down a rock face and the climbing back up were my favourite activities – fun and adventurous!"

Ernest (Y6)

Dates for your diary

Monday 19th October – The Daily Mile

Tuesday 20th October – Year 3/4 Multi-Sports Festival @ Moseley School

Wednesday 21st October- Wake-up Shake-up Dance

Thursday 22nd October– The Daily Mile

Year 3/4 Boys Football Competition @ Christ Church Secondary

Mental Health and Wellbeing Update





Woodthorpe Junior and Infant School

Health and Wellbeing Newsletter



*See attached for enlarged version

Calm Harm App - Calm Harm is a free app designed to help young people aged over 13 manage or resist the urge to self-harm.

Developed by Clinical Psychologist Dr Nihara Krause MBE in collaboration with young people, the app uses principles from Dialectical Behaviour Therapy (DBT). It offers activities and techniques including breathing exercises and helps users build a 'safety net' of helpful thoughts, behaviours and supportive people. It also signposts users to further help.

The app is private and anonymous and can be used as an additional source of support for young people experiencing urges to self-harm. It is not a substitute for assessment or individualised treatment by a health or mental health professional. [Find out more about the Calm Harm app](#)

Bring It On Brum! Winter holiday activities returning soon

Bring It On Brum! will be returning for the winter holidays, offering a range of activities for children and young people across Birmingham. Full programme details will be shared with schools nearer the time, with bookings opening on 30 November.



SPORTS CLUBS

This Half Term

MONDAY

**KS2 Handball/
Dodgeball**



TUESDAY

KS2 Football



THURSDAY

KS1/2 Streetdance



FRIDAY

KS1 Multiports



3:15pm – 4:15pm



£3.50
per session



Get active • Make friends • Have fun!



Join us for The Daily Mile

A healthier, happier you!

Every
Monday &
Thursday



From
08:30

For ALL
year groups

Walk
Run
Be Active
Feel Great!



Get
active



Feel
good



Improve
your health



Boost
your
mood



Together
we can!

Wake Up

Move
Have Fun
Be You!

Shake Up

DANCE



Every
Wednesday



From
08:30



For ALL
year groups



Get
Active



Boost
Your Mood



Make
New Friends



Feel
Great!

Thursday 1st October 2026



Dear parent/carer,

Living Streets' **WOW – the walk to school challenge** is back to help encourage as many children as possible to experience the benefits of walking and wheeling to school.

As you know, WOW is a pupil-led initiative where children self-report how they get to school every day. If they travel actively (walk/wheel, cycle, scoot 'Park and Stride' or hop off) at least once a week for a month, they get rewarded with a badge. It's that easy!

What are the benefits of walking to school?

- Children feel happier and healthier
- They arrive at school refreshed and ready to learn
- Helps reduce congestion and pollution at the school gates

What if we can't walk to school?

'Park and Stride' can help your child earn their WOW badges if a parent or carer needs to drive to school. Park **ten minutes away** from the school and walk or wheel the remaining journey.

If using public transport, hop off **at least ten minutes away** and walk the rest of the way (recorded as 'other' on the WOW Travel Tracker).

Where walking to school isn't an option, we work with schools to establish a bespoke approach to WOW that works best for their pupils' needs. If you have any questions on the adaptability of WOW or have suggestions of how we can improve, we would love to hear your thoughts. Please email walktoschool@livingstreets.org.uk.

Tell us about your experiences of travelling to school and you could win a £200 shopping voucher: surveymonkey.com/r/ParentWOW.

The WOW badges

There are 11 new WOW badges to earn, one for every month of the school year. Each badge has been designed by a pupil as part of our annual WOW Badge Design Competition.

WOW 2026/27 encourages pupils to **Walk the Senses**, with badges depicting everything from scooters to sunflowers. The badges are made in Cornwall from material that was otherwise destined for landfill, including fridge trays, plastic plates and yoghurt pot off-cuts. For more information, visit: livingstreets.org.uk/recycling.

Last year, over 2,000 schools across the UK enjoyed the benefits of walking to school with WOW. Will you join us?

If you have any questions about the programme, please contact Mr Trevor, or find more information and useful videos at: livingstreets.org.uk/wowlaunch Regular updates will also be available within the school's weekly 'Health and Wellbeing' newsletter.

Let's swap those school runs for school walks.

Living Streets

**LIVING
STREETS**

**LET'S
WALK TO
SCHOOL**

2026/27

WOW

**the WALK
TO SCHOOL
challenge**

WALK THE SENSES

livingstreets.org.uk/wowlaunch

**IMPROVE YOUR HEALTH,
PROTECT THE PLANET,
WALK TO SCHOOL WITH WOW**

#WALKTOSCHOOL

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@LIVINGSTREETS

Summer Menu Week 1

13th April, 4th May, 25th May, 15th June, 6th July, 7th Sept, 28th Sept, 19th Oct 2026

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main - Option 1	Fajita Chicken	Beef Lasagne	Roast Beef in Gravy	Chicken Curry	Fish Goujons
Vegetables	Vegetable Medley	Carrots	Mixed Vegetables	Mixed Vegetables	Peas
Sides	White Rice	Baked Potato Wedges	Golden Roast Potatoes	Wholegrain Rice	Oven Chips
Main - Option 2	Macaroni Cheese	Chickpea Curry	Cheese & Onion Pie	Lentil Bolognaise	Vegetable Lasagne
Vegetables	Sweetcorn	Cauliflower	Mixed Vegetables	Mixed Vegetables	Peas
Sides	Diced Potatoes	Wholegrain Rice	Golden Roast Potatoes	Penne Pasta	Oven Chips
Jacket Potatoes	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato
Dessert	Apple Crumble	Chocolate Sponge	Lemon & Orange Sponge	Chocolate Chip Sponge	Somerset Apple Cake



Summer Menu Week 2

30th March, 20th April, 11th May, 1st June, 22nd June, 13th July, 14th Sept, 5th Oct, 26th Oct 2026

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main - Option 1	Chicken & Pasta with Tomatoes and Herbs	Chicken Goujons	Roast Chicken in Gravy	Sweet & Sour Chicken	Tuna Pasta Bake
Vegetables	Sweetcorn	Baked Beans	Vegetable Medley	Cauliflower	Peas
Sides	Baked Potato Wedges	Diced Potatoes	Golden Roast Potatoes	White Rice	Oven Chips
Main - Option 2	Lentil & Vegetable Flaky Topped Pie	Vegetarian Tikka Masala	Penne Pasta in Tomato and Basil Sauce	Bean Chilli	Vegetarian Cottage Pie
Vegetables	Sweetcorn	Broccoli	Vegetable Medley	Green Beans	Peas
Sides	Baked Potato Wedges	Wholegrain Rice	Penne Pasta	White Rice	Oven Chips
Jacket Potatoes	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato
Dessert	Summer Fruit Sponge	Bakewell Tart	Pineapple Sponge	Apple Crumble	Hot Chocolate Brownie



Summer Menu Week 3

6th April, 27th April, 18th May, 8th June, 29th June, 20th July, 31st Aug, 21st Sept, 12th Oct 2026

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main - Option 1	Cheesy Garlic Chicken	Smoked Paprika & Tomato Chicken	Sliced Roast Chicken in Gravy	Beef Bolognese	Breaded Cod
Vegetables	Carrots	Mixed Vegetables	Mixed Vegetables	Sweetcorn	Peas
Sides	Diced Potatoes	Baked Potato Wedges	Golden Roast Potatoes	Penne Pasta	Oven Chips
Main - Option 2	Cauliflower, Spinach & Lentil Curry	Tomato & Chickpea Gratin	Cauliflower & Broccoli Pasta	Vegetable Quiche	Potato, Cheese & Leek Bake
Sides	Green Beans	Cauliflower	Mixed Vegetables	Carrots	Baked Beans
Carbohydrate	Wholegrain Rice	Baked Potato Wedges	Penne Pasta	Baked Potato Wedges	Oven Chips
Jacket Potatoes	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato
Dessert	Lemon Flavour Sponge	Apricot Crumble	Jam Sponge	Somerset Apple Cake	Chocolate Sponge





Premier
Education

Ofsted
Registered

OCTOBER HOLIDAY CLUBS

**ST ALBAN'S CATHOLIC PRIMARY SCHOOL,
KINGS HEATH, B14 5AL**

OCTOBER HALF TERM

TUESDAY 27TH - THURSDAY 29TH OCTOBER

£23.50 9AM-4PM (5-11 YEAR OLDS)

£14.00 9AM-1PM (4 YEAR OLDS IN RECEPTION)

**WE WILL PROVIDE A FULL RANGE OF EXCITING AND ENGAGING
ACTIVITIES TO SUIT ALL AGES AND ABILITIES!**

SCAN THE QR CODE OR VISIT
WWW.PREMIER-EDUCATION.COM/HOLIDAY-CAMPS

**BOOK
NOW!**



Excellent



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MINIS & JUNIORS

GIRLS. COME & FIND YOUR TEAM.

RUGBY OPEN SESSION

No experience needed. No pressure. Just
come and give it a go!



SAME
GAME
MORE
GIRLS



STARTING SUNDAY 18 OCTOBER
(then every Sunday)



12:30PM - 2:00PM



SMALL ASTRO,
BEHIND THE CLUBHOUSE



SCHOOL YEARS 6 - 9

SCAN TO JOIN



ONE CLUB. ONE FAMILY. ONE COMMUNITY

Optimistic October 2026

MONDAY



TUESDAY



WEDNESDAY



THURSDAY

FRIDAY

SATURDAY

SUNDAY

5

Be a realistic optimist. See life as it is, but focus on what's good

6

Remind yourself that things can change for the better

7

Look for the good in people around you today

8

Make some progress on a project or task you have been avoiding

9

Share an important goal with someone you trust

10

Take time to reflect on what you have accomplished recently

11

Avoid blaming yourself or others. Find a helpful way forward

12

Look out for positive news and reasons to be cheerful today

13

Ask for help to overcome an obstacle you are facing

14

Do something constructive to improve a difficult situation

15

Thank yourself for achieving the things you often take for granted

16

Put down your to-do list and do something fun or uplifting

17

Take a small step towards a positive change you want to see in society

18

Set hopeful but realistic goals for the days ahead

19

Identify one of your positive qualities that will be helpful in the future

20

Find joy in tackling a task you've put off for some time

21

Let go of the expectations of others and focus on what matters to you

22

Share a hopeful quote, picture or video with a friend or colleague

23

Recognise that you have a choice about what to prioritise

24

Write down three specific things that have gone well recently

25

You can't do everything! What are your three priorities right now?

26

Find a new perspective on a problem you face

27

Be kind to yourself today. Remember, progress takes time

28

Ask yourself, will this still matter a year from now?

29

Plan a fun or exciting activity to look forward to

30

Identify three things that give you hope for the future

31

Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together

